



PARKINSON'S VICTORIA

CLIENT SERVICES

Professional Development Seminars

Overview:

As the peak body serving the local community, and in addition to the wide range of services and support offered to individuals and families living with Parkinson's, Parkinson's Victoria offers a range of education sessions to meet the learning needs and goals of health and allied health professionals throughout the state.

These professional sessions are presented in the client's own work environment and are delivered by our organisation's experienced and qualified Client Services team members in easy-to-understand language and concepts. There is an opportunity for participants to ask questions and discuss specific case example and concerns.

The Parkinson's Victoria professional education sessions are an ideal forum for individuals with various levels of understanding and experience in the area of Parkinson's to enhance their current knowledge base.

All sessions include:

- A general introduction to Parkinson's, including major and minor symptoms, cause, incidence, treatment options and current research.
- Medication management and side-effects.
- Practical strategies used by Physiotherapists, Occupational Therapists and Speech Pathologists, to address concerns such as getting out of bed, improving mobility, help with "freezing", speech and swallowing.
- Information on Parkinson's Victoria, including the support services provided.
- Information about community and Government services commonly accessed by people living with Parkinson's.

Timing:

A session covering the above typically **runs approximately two (2) hours** but can be condensed if required. Full and half day seminars are also available on request.

In addition, each session includes comprehensive handouts and a **Certificate of Attendance** upon completion.

Bookings:

It is recommended that bookings be made at least four (4) weeks in advance of the booking date. A cancellation fee applies if less than seven (7) days notice is given.

Once you have secured a date for your education seminar, Parkinson's Victoria can provide poster templates to assist you in promoting the education seminar to your target market, staff and members of the community (if appropriate). We also list all education seminars on our website.

Cost:

A flat fee of \$350 (incl. GST) is charged for a group of up to 25 participants. Additional attendees are charged at \$20 per person. Sessions out-of-hours attract a \$100 surcharge. There is no fee charged for a person with Parkinson's or their respective family members to attend. If you have concerns as to the suitability of content for non-health professionals please contact your facilitator.

Discipline-specific sessions are also available in the following streams:

General - An Introduction to Parkinson's

This session is suitable for paid carers and mixed discipline audiences. It is especially suitable for staff in aged care facilities / respite services.

Nursing/Medical Considerations

This session consists of an introduction to the Nursing Management of Parkinson's and how best to care for people living with Parkinson's (PLWP) in hospital and community settings.

Case Managers

This session provides a valuable insight into Parkinson's-specific considerations for case management. Also discussed is the impact specific decisions made about care can have on the client, and the best ways to help someone with Parkinson's.

Issue-specific sessions can include:

- Non-Motor Symptoms & Parkinson's
- Navigating the System
- Sleep Difficulties
- Nutrition and Parkinson's
- Loss, Grief and Parkinson's
- Medication Management in Parkinson's
- FAQ's about Parkinson's
- Dementia with Lewy Bodies
- Parkinson's Plus Syndromes (Progressive Supranuclear Palsy (PSP), Multiple System Atrophy (MSA))

We are also able to work with you to tailor a session that meets your team's specific learning needs.

Parkinson's Victoria Client Services Team members and Education Session Facilitators:

Amanda Spillare Bachelor of Social Work (Hons), (RMIT University),
Certificate IV in Training and Assessment, AASW accredited.

Victor Mc Convey Bachelor of Nursing (RMIT University)
Diploma Applied Science (Phillip Institute)
MRCNA, PDNS UK, ANNA accredited.

Catherine Watson B. Social Work (University of Melbourne)
B. Arts (Psych) (University of Melbourne),
AASW accredited.

**To discuss your team's education needs and goals for 2008
contact the Parkinson's Victoria office on: (03) 9551 1122
or email: Amanda@parkinsons-vic.org.au**

