

BOOKS

EAT WELL, STAY WELL WITH PARKINSON'S DISEASE

A nutrition hand book for people with Parkinson's

by Kathrynne Holden, MS, RD.

This book is designed for people with Parkinson's, Carers and Health Professionals. It is written by a registered dietician who specialises in the nutritional needs unique to people with Parkinson's.

I'LL HOLD YOUR HAND SO YOU WON'T FALL

By Rasheda Ali

This book aims to explain the symptoms of Parkinson's in simple language with illustrations to better children's understanding of why their loved ones are behaving in certain ways.

MOVING AHEAD WITH PARKINSON'S

By Meg Morris, Prof Iansek & Beth Kirkwood

A guide to improving mobility in people with Parkinson's

Now purchased directly from Kingston Centre - Camilla Page (03) 9265 1393

KEEP THE BASTARDS HONEST

Written and signed by Don Chipp

The Honourable Don Chipp delves into the intriguing world of 26 years in senior politics, his personal reflections in coming out with Parkinson's, the republican debate and the real issues facing Australian's. This is a must read and proceeds of sales go to Parkinson's Victoria.

DVDS

THE BRIDGE AT MIDNIGHT TREMBLES

"This DVD gives you an insight into the daily life of a patient with Parkinson's Disease, which is a view you don't get as a doctor in a clinical practice. We think we know what Parkinson's is but it made me realise we don't. My initial reaction came straight from the heart - that this should actually be compulsory watching for people who are involved with Parkinson's Disease. I was very moved." *Dr Baastian Bloem MD, PHD. Dept. of Neurology, Radboud University Nijmegen, The Netherlands*

PARKINSON'S AND LEWY BODY DEMENTIA

Lewy Body Dementia is a specific condition that combines Parkinsonism – physical symptoms such as slow movements, stiffness of limbs and difficulty walking, with dementia-type symptoms, specifically visual hallucinations, fluctuating confusions and agitation, as well as memory and thinking difficulties. This DVD and booklet, is the ideal introduction to the condition for those recently diagnosed and their family and/or carer. It aims to specifically address the current lack of information, while providing details about available and relevant support services.

SEXUALITY IN PARKINSON'S: AN INTERVIEW WITH GILA BRONNER

Director of the Sexual Health Service, Sexual Medicine Centre, Sheba Medical Center, Tel-Hashomer, Israel

This 30 minute DVD is designed for people living with Parkinson's and their family/friends to learn more about Parkinson's and Sexuality. It addresses some of the key questions people living with Parkinson's face when discussing sexuality. It also covers some of the major themes from the lecture "The Triple S: Senses, Sensuality and Sexuality in Parkinson's". Gila is an expert in the area of Parkinson's and Sexual issues and is internationally acclaimed.

	<i>Cost</i>	<i>Order (Qty)</i>
	\$28.00	
	\$29.95 <i>Hard Cover</i> \$19.95 <i>Soft Cover</i>	
	\$45.00	N/A
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	\$30.00	
	\$5.50 <i>(Postage only)</i>	
	\$10.00	

