

Community Care Packages

This sheet aims to help you understand the range of home help packages.

If you are finding things difficult at home, a range of support packages can assist you with tasks such as: home cleaning, meals, nursing, personal care, allied health services, respite, home modifications, property maintenance, transport and so forth. These packages are designed to help people stay at home for longer, providing different levels of support depending on how your needs are assessed.

Eligibility is for people who are aged, those with disability/illness or carers who are finding things difficult. If you are eligible for these services, be aware that waiting lists may apply and fees are charged on a sliding scale: concession-card holders receive large subsidies, while self-funded retirees with higher income/assets may end up paying similar rates for these packages as for private home support services.

These packages are listed below with links to further information. **Note:** You can also view these packages (except for the Individual Support Package) in Aged Care Australia's - 'help staying at home' guide: how to access help

Program	Purpose and Eligibility	More Information	Contact	Case-Management
Home and Community Care (HACC)	Basic support for aged or younger people with disabilities who need help at home.	<p><u>Aged Care Australia's – help staying at home guide</u></p> <p>Download the <u>HACC brochure</u> (available in a range of languages)</p> <p>Read helpful advice about <u>HACC</u> from Carers Vic</p>	<p><u>Your local council</u> or <u>Aged Care Assessment Service</u></p>	No

Community Care Packages Continued

If you need more support than is available through HACC, you might consider one of the remaining packages:

Program	Purpose and Eligibility	More Information	Contact	Case-Management
Individual Support Package (previously called Linkages/Community Options)	Support for people eligible for HACC, but who have more complex needs. Funding is used flexibly to tailor package to individual needs.	General information about the Individual support package Individual Support Package handbook	Your local Department of Human Services Disability Intake and Response Service	Yes

The following two packages provide aged care in the home for people who:

Have been assessed as eligible for low and high level residential care by the [Aged Care Assessment Team \(ACAT\)](#)

Wish to continue living at home

Program	Purpose and Eligibility	More Information	Contact	Case-Management
Community Aged Care Packages (CACPs)	Support for people with complex care needs who are eligible for low-level residential care but would like to remain at home	Aged Care Australia – help staying at home Call the Commonwealth respite and carelinks centre or search the Aged Care Guide for your nearest CACPs provider	Your local Aged Care Assessment Service	Yes
Extended Aged Care at Home (EACH)	Support for people with high care needs who are eligible for high-level residential care but would like to remain at home	Aged Care Australia – help staying at home Call the Commonwealth respite and carelinks centre or search the Aged Care Guide for your nearest EACH provider	Your local Aged Care Assessment Service	Yes

Community Care Packages Continued

After a hospital stay, you may have a stay in transition care to assist your rehabilitation and help you work out what level of support you need.

Program	Purpose and Eligibility	More Information	Contact	Case-Management
Transition Care	Transition care aims to improve your independence and confidence after a hospital stay; giving you and your family more time to consider the level of care you require, either in the community or an aged care facility.	Aged Care Australia's – help staying at home guide Aged Care Guide – support after a hospital stay	Your local Aged Care Assessment Service	N/A

If you are at risk of hospital admission, you may be eligible for extra support.

Program	Purpose and Eligibility	More Information	Contact	Case-Management
Hospital Admission Risk Program (HARP)	The HARP chronic disease management (CDM) program can provide a comprehensive care needs assessment, care plan and intensive service coordination for people with complex needs at risk of hospital admission.	Royal Melbourne Hospital (RMH) – About HARP CDM RMH - Links to other HARP services across Victoria	Department of Human Services, Health – HARP CDM	Yes

Community Care Packages Continued

If you are a carer, you may consider support and respite options available in the national respite for carers program.

Program	Purpose and Eligibility	More Information	Contact	Case-Management
National Respite for Carers Program (NRCP)	This program provides <u>help for carers</u> , including: information, support, connection to services and respite.	<u>National Respite for Carers Program</u>	<u>Commonwealth Respite and Carelink Centre</u>	N/A