PEER SUPPORT FOR PEOPLE LIVING WITH PARKINSON’S, THEIR FAMILY AND CARERS

Peer support provides the opportunity to learn more about living with Parkinson’s and to enjoy the company of others who share similar experiences, situations and challenges. Parkinson’s peer support offers information, social connection, hope and support.

Parkinson’s Peer Support groups currently operate in the following areas:

Bairnsdale
Ballarat
Barwon Region
Beechworth
Benalla
Bendigo
Bentleigh/Bayside
Brooklyn (ParKanDo)
Camberwell
City of Yarra
Cobram
Cohuna
Colac
Corryong
Cranbourne
Echuca
Eltham
Essendon
Frankston
Geelong East
Grampians
Hamilton
Horsham
Kyabram
Lakes Entrance
Lancefield
Leongatha
Manningham (Doncaster)
Mansfield
Melton
Mildura
Moe
Monash (Glen Waverley)
Moorabbin (Dingly Village)
Ocean Grove
Pakenham
Portland
Ringwood
Rosebud
Sale
Shepparton
Swan Hill
Thornbury
Wangaratta
Warragul
Warmambool
Werribee
Wodonga
Wonthaggi
Yarrawonga

IN THIS TOGETHER

For more information and support, contact Parkinson’s Victoria:
Call: (03) 9581 8700
Free call: 1800 644 189
Email: info@parkinsons-vic.org.au
or visit our website:
parkinsonsvic.org.au
Carers of people with Parkinson’s – Pakenham (carers are also welcome at all other groups)

Chinese Speaking Parkinson’s Peer Support Group – Box Hill

Young Onset (Young @ Park Peer Support Group) – Melbourne

PSP & Atypical Parkinson’s Therapy Support Group – Cheltenham
DBS Therapy Support Group – South Melbourne
Infusion Therapy Support Group – Surrey Hills

There are also many Parkinson’s Peer Support Groups with a special focus or activity, including:

Painting with Parkinson’s – Berwick, Essendon, Mt Martha, Surf Coast, Geelong, Thornbury


Other activity-based groups
Please contact the Health Information Team who may be able to let you know about other activity-based groups like Dancing, Thai Chi, Boxing exercise, Yoga and PD Warrior.

Note: These groups are facilitated by independent community members and are not covered under Parkinson’s Victoria insurance.