proudly presents the

RECENTLY DIAGNOSED SEMINAR

Have you been diagnosed with Parkinson’s in the last five years?
Would you like to learn more about Parkinson’s, symptom management strategies and what support services are available?
Do you want to meet other people living with Parkinson’s?

This unique event is an excellent opportunity to learn more about living with Parkinson’s from the experts, have your questions answered and meet others facing the same day-to-day challenges.

Family and friends are also welcome to attend.

Friday 23 October 2015
9:30am — 1.30pm

Birallee Park Neighbourhood House
39 Emerald Avenue
Wodonga Vic 3690

$15 per person
(for Parkinson’s Victoria members and their family members)

$30 per person
(for non-members)

Registration price includes arrival tea, morning tea, and light lunch

Please register by completing the on-line registration and payment process directly at:

http://www.trybooking.com/GWNB

or alternatively, contact Parkinson’s Victoria, details below

This seminar series is proudly supported by the Pierce Armstrong Trust

Contact Josephine at Parkinson’s Victoria if you have any queries
Tel: (03) 9581 8700
Fax: (03) 9583 9952
Web: www.parkinsonsvic.org.au

Email: jo.berthelemy@parkinsons-vic.org.au
Post: PO Box 2606 Cheltenham VIC 3192
PROGRAM FOR THE DAY WILL INCLUDE

9.30am  Registration, arrival tea and coffee

10.00am  An introduction to Parkinson’s
Learn about the mechanisms of Parkinson’s, common symptoms, treatment options and the latest research

11.15am  Morning tea

11.45am  Living with Parkinson’s: a personal perspective
Hear from someone who is living with Parkinson’s: how they have coped with their diagnosis, the effect on family and friends and the challenges faced

12.10pm  Stretch break

12.15pm  Practical tips and living well
Tips on diagnosis disclosure, coming to terms with Parkinson’s, making decisions on when to start treatment, managing medications, symptoms and social issues, accessing local services and other frequently asked questions

1.00pm  Light lunch and depart